

Royal Music Centers
Founded 1993



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Royal Music
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Royal Page

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All Aboard ... Time for our Annual River Lady Riverboat Cruise

Royal Music has chartered River Lady dinner cruises every year since we opened our doors in 1993. (Actually we started hosting them at the former company we worked at also.)

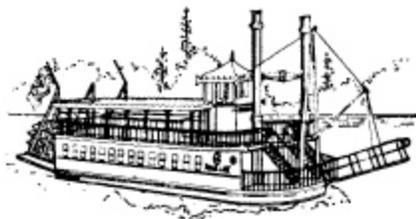
This year our cruise is on Monday July 19th. The boat boards at 5:45 pm leaving the dock at 6:00 pm.

The River Lady cruises the Toms River and Barnegat Bay. The riverbanks are surrounded by enchanting hills and beautifully manicured lawns and gardens. The homes along the river are uniquely designed, many dating back to the

turn of the century.

Many shore area residents enjoy cruising aboard the River Lady. A Royal Music cruise is a bit different because we provide live entertainment for the entire three-hour cruise.

Tickets are \$36 per person and include a full sit down dinner. Tickets go on sale Monday, June 14th and are offered on a first come, first served



basis.

Now Forming:

**Beginner
Class
Meets
Monday
Evenings
At 6 pm**

**Starting soon
Call 732-240-2332**

Scientific Study Indicates That Music Making Makes The Elderly Healthier

- Significant Decreases in Anxiety, Depression, and Loneliness Resulted Following Keyboard Lessons-

A breakthrough study demonstrates that group keyboard lessons given to older Americans significantly improved anxiety, depression, and loneliness scores – three factors that are critical in coping with stress, stimulating the immune system, and improving health.

Frederick Tims, Ph.D., MT-BC, Chair of Music Therapy at Michigan State University, who was also principal investigator for a University of Miami Alzheimer's project on music therapy, led a highly respected team of researchers to conduct the study. He presented the findings during a two-day symposium called Music Medicine: Enhancing Health Through Music, the first symposium of a series examining integrative medicine and alternative therapies. The symposium was held at the Intercontinental Hotel in Miami, Florida.

Called the Music Making and Wellness project, the study is a joint effort of five universities in cooperation with the American Music Therapy Association and

Continued on next

Fletcher Music Centers. The study followed various health measures in 130 people during 1998. The experimental group consisted of 61 retirees taking group keyboard lessons in Florida over a period of two 10-week semesters. The health measures were administered before the lessons and after each semester. The control group included 69 retirees in Michigan not receiving group keyboard lessons, with the health measures administered at the same times as the experimental group in Florida.

The Michigan control group was a good comparison group for the Florida group, since both were equivalent with respect to age, gender, and ethnicity. Forty-five men and 85 women participated in the study. Slightly more than one-half of the participants in each group were married.

In three separate areas, important quality of life measures showed a significant change from pre to post-test in the experimental group (keyboard group), with no change occurring in the control group. On the Mental Health Inventory (MHI) Anxiety scores, anxiety decreased in the keyboard group but not in the control group. This decrease in anxiety was evident early on and appeared after only 10 weeks of lessons, remaining after 20 weeks of lessons. Decreased anxiety is related to improvement in cognitive performance, as well as enhancing learning, decision-making, and feelings of well-being.

On the Profile of Mood States (POMS) Depression/Dejection scores, depression scores decreased in the keyboard group but not in the control group. These measures accounted for differences in life events and social support. Depression is a major problem in the aging population. With decreased depression scores, people report a brighter mood.

On the UCLA Loneliness Scale, the loneliness scores of the keyboard group decreased across the span of the lessons, while the control group scores stayed the same. These measures accounted for differences in life events. This indicates that the keyboard students changed their perception of loneliness, or sense of being alone. Interestingly, the Lubben Social Support scores did not change. This indicates again the positive effects of the keyboard lessons since the Social Support scores measure external support, such as family and significant other support, whereas the Loneliness scale measures internal perception of support. In other words, it was from the lessons that this feeling most likely derived. Loneliness is a major problem with older people, and has major effects on health and feelings of well-being.

Dr. Tims assembled a highly respected multi-disciplinary team of researchers to conduct the project. Joining in the project were specialists from the Aging Institute at the University of South Florida; the Department of Psychiatry and Behavioral Sciences at the University of Miami School of Medicine; Karolinska Medical Institute, Stockholm, Sweden; University of Miami; and Western Michigan University. Speaking for the research team, Dr. Tims said, "We feel very strongly that the work we are doing here suggests that abundant health benefits can be achieved by older people learning to play music in a supportive, socially enjoyable setting."

The project grew out of a decade of research conducted by the Music Therapy Program at the University of Miami on the effects of music therapy on health and well-being. This research, in addition to research around the country and the world, demonstrates that music therapy is valuable in pain reduction, coping with stress, and in stimulating the immune system.

Major funding for the study was provided by NAMM, the International Music Products Association, retailers and manufacturers, and The National Academy of Recording Arts & Sciences, Inc.

Royal Music is best known for its after-sale service, it is now offering specialty classes to teach the functions and use of the different brand organs we sell. These classes help you understand how and when to use the various sections of your instrument. If there is a button on your organ that you don't know how to use, these classes are for you. Best of all they are FREE.

There is no need to RSVP for these classes, but arrive a bit early to get a good seat. Be sure to bring your owner's manual, a pad and a pencil.

Upcoming Specialty Classes:

| | | | |
|----------------|----------|-------------|-------|
| Roland Organ | Saturday | June 5th | 11 am |
| Technics Class | Friday | June 11th | 2 pm |
| Keyboard Club | Saturday | June 12th | 11 am |
| Roland Organ | Saturday | June 19th | 11 am |
| Lowrey Organ | Saturday | June 26th | 11 am |
| | | | |
| Roland Organ | Saturday | July 3rd | 11 am |
| Technics Class | Friday | July 9th | 2 pm |
| Keyboard Club | Saturday | July 10th | 11 am |
| Roland Organ | Saturday | July 17th | 11 am |
| Lowrey Organ | Saturday | July 24th | 11 am |
| | | | |
| Roland Organ | Saturday | August 7th | 11 am |
| Technics Class | Friday | August 13th | 2 pm |
| Keyboard Club | Saturday | August 14th | 11 am |
| Roland Organ | Saturday | August 21st | 11 am |
| Lowrey Organ | Saturday | August 28th | 11 am |

Pot Luck Open House Party

**Saturday
June
19th**

**12:00 -
3:00 pm**

**Bring A
Friend**



Meet The Roland AT-500: Atelier Organ A Next-Generation, High-Performance Home Organ

The new AT-500 stands at the head of its price class with a luxurious WVGA touch-screen display, an expanded dual-manual keyboard (49+64) and pedalboard, a 100w stereo speaker system, an infrared D Beam controller, RGB video output, dual USB ports, and much more. With 250 voices, 195 built-in rhythms, 300 Music Assistant titles and 150 Quick Registrations onboard, the AT-500 delivers top-level performance and flexibility.

- Superb organ sounds and orchestral voices
- Easy-to-use rhythm function
- High-quality built-in stereo speaker system
- Harmonic bars for enhanced organ sound and performance
- Waterfall-style lower keyboard
- Multi-function USB port can be used for optional memory key (M-UF1G), floppy drive (FD-01A), or CD drive (CD-01A) (play along with VIMA TUNES® songs or audio CDs)

Great world-class organ sounds in a single instrument

Superb built-in sound sets, sourced from world-famous pipe, theater, and jazz organs.

Harmonic bars provide interactive control

The AT-500 has harmonic bars, which provide instant access to a full palette of distinctive organ sounds. From 16-foot to 1-foot, different pipe lengths producing different pitches can be used in combination. Each foot length can be adjusted while playing as well. There's also a Solo Harmonic Bar for controlling the way orchestral instrument sounds layer with organ sounds.

Lower keyboard for extra expression

The AT-500 has a lower waterfall-style keyboard, which is ideal for glissando and other expressive organ-playing techniques. In addition to 64 onboard keys, the AT-500 provides a damper pedal for proper piano playing. Furthermore, the lower keyboard can be split into separate zones. Different instrument sounds can be assigned to up to four lower keyboard zones. This split function makes the lower keyboard equivalent to multiple keyboards!

Orchestral instrument sounds included

Strings, brass, and guitar — a wealth of superb musical-instrument samples are built in. Moody, atmospheric sounds such as mood strings and jazz flute are also included, plus true-to-life jazz -scat vocals and choir samples.

Active Expression lets you add rich accents to your playing

Built-in Active Expression capabilities allow you to use the expression pedal to accent what you play. Sounds such as flute and brass, which tend to lose presence during forte playing can be realistically boosted. And, right down to the strength of bowing, you can make instruments such as violins really come to life. Active Expression lets you play more instruments with more feeling and authenticity.

Easy-to-use control panel based on traditional-organ familiarity

The design of every instrument in the AT-500 is faithful to the way traditional organs are played. The concept is to give you the same freedom, comfort, and familiarity while layering sounds and effects as you play in real time.

Onboard automatic accompaniment lets you play with world

-class musicians

Swing, country, bossa nova.... With AT-500 you can play along with organic rhythms from around the world, recorded by professional drummers. The Arranger feature (automatic accompaniment) allows you to trigger rhythmic patterns from the lower keyboard, and giving you a taste of what it's like to play along with pro musicians.

USB for storage and audio-file enhancement

Plug in external USB memory*1 and you can save multiple sets of registration settings and music files, which can be used while you are playing. (The format is compatible with data saved on previous MUSIC ATELIER instruments.) You can directly use data stored on floppy discs*2 by earlier models, or you can enjoy playback of commercial music data downloaded to a computer and transferred to USB memory. You can directly play CD audio discs as well*3. The ability to interface with various types of recording media greatly expands your musical enjoyment.

*1 Sold separately. Roland-brand USB memory recommended.

*2 Requires use of separately sold FD-01A USB floppy disc drive.

*3 Requires use of separately sold USB-CD drive.



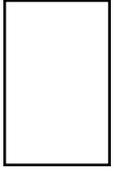
Enhanced entertainment capability

By plugging in external devices you can expand the entertainment capability of AT-500. You can listen to audio CDs*1 through the instrument's speakers and even play along. Using the Center Cancel feature, you can de-emphasize the vocals of pre-recorded music*2 and sing along with your favorite songs. If you connect an external display you can play slideshows and enjoy karaoke with lyrics display from VIMA Tunes CDs.

*1 For audio-CD playback, a standard USB CD drive is required.

*2 Depending on the music, it may not be possible to completely suppress the melody or vocals.

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2010 Is The Summer of Music ... Join The Fun !!!

BIG SALE TWO DAYS ONLY

**Friday June 18th
Saturday June 19th**

ALL TECHNICS INSTRUMENTS PRICES REDUCED

Due to our recent success selling new Roland Atelier Organs Royal Music now has an impressive selection of previously owned Technics Musical Instruments in stock.

For two days Friday, June 11th and Saturday, June 12th these instruments will be marked down to the lowest prices ever!

If you ever dreamed of owning a Technics, this is your opportunity to own the Technics of your dreams at a fraction of its original price.

All pre-owned Technics include:

- Warranty
- Owner's guide
- 1 year free class lessons
- Technics operating classes
- Free local delivery